

S.A.M. SCHEDULES AND MORE



Special Order Sheet

'CALMING STRATEGIES' KEY RING CHOICES: (select 15 picture tags you will need.)

<input type="checkbox"/> Transition time (stoplight)	<input type="checkbox"/> Squeeze ball	<input type="checkbox"/> Go for a walk
<input type="checkbox"/> Stop and listen	<input type="checkbox"/> Read a book	<input type="checkbox"/> Sit on beanbag
<input type="checkbox"/> Take 3 deep breaths	<input type="checkbox"/> Listen to music	<input type="checkbox"/> Massager
<input type="checkbox"/> Pray	<input type="checkbox"/> Sing to yourself	<input type="checkbox"/> Count to 10
<input type="checkbox"/> Wristband	<input type="checkbox"/> Rest on bed	<input type="checkbox"/> Chew gum
<input type="checkbox"/> Talk to an adult	<input type="checkbox"/> Exercise	<input type="checkbox"/> Practice Karate
<input type="checkbox"/> Get a hug	<input type="checkbox"/> Leave the room	<input type="checkbox"/> Wall push-ups

'FEELINGS' KEY RING CHOICES: (select 15 picture tags you will need.)

<input type="checkbox"/> Happy	<input type="checkbox"/> Sleepy	<input type="checkbox"/> Frustrated
<input type="checkbox"/> Excited	<input type="checkbox"/> Worried	<input type="checkbox"/> Angry
<input type="checkbox"/> Proud	<input type="checkbox"/> Sad	<input type="checkbox"/> Meltdown
<input type="checkbox"/> Silly	<input type="checkbox"/> Confused	<input type="checkbox"/> Bored
<input type="checkbox"/> Full of energy	<input type="checkbox"/> Embarrassed	<input type="checkbox"/> Nervous
<input type="checkbox"/> Sick	<input type="checkbox"/> Scared	<input type="checkbox"/> Hurt